**Covid**

* We would recommend that everyone attending takes a lateral flow test 24 hours before their event and again just before leaving their house on the day of their competition. Please bring your test with you, or have a copy of the email/text message to hand.
* Everyone over the age of 12 should wear a face covering when not taking part in an activity.
* Hand sanitiser will be available at each piste and scoring equipment will be sanitised regularly.
* If you are experiencing symptoms of Covid-19, please do not travel to the venue. we will refund anyone who is unable to fence if they have COVID

**Schedule**

The hall is open from 9am.

* Women’s Foil - check-in closes 0930 for 0945 start.
* Men’s Epee - check-in closes 1000 for 1015 start
* Men’s Sabre - check-in closes 1015 for 1030 start
* Men’s Foil - check-in closes 1315 for 1330 start
* Women’s Sabre - check-in closes 1330 for 1345 start
* Women’s Epee - check-in closes 1330 for 1345 start

**Social Media**

**Anyone who objects to their child’s picture or image on social media please email** clare.queen@scottish-fencing.com Please also let DT or a support staff member know on the day.

**Travel**

If you are running late or can no longer attend please contact Clare Queen on 07912267585 .

**Equipment**

* Size 5 weapons. At least 350N jacket and a least a 800N underplastron.
* When fencing foil with or against size 5 weapon masks must have lamé bib fitted
* When fencing sabre with or against size 5 weapon 800N glove is required
* Fencing breeches must be worn by all.
* Come dressed in kit – there are limited changing facilities
* All women/girls must wear a chest protector.
* All equipment must be in good condition and fit reasonably and in a way that does not disadvantage the fencer’s opponent. It is the fencer’s (their parent’s or coach’s) responsibility to ensure they are properly equipped.
* Long socks must be worn (pulled up).
* Referees will test weapons before fights.
* Fencers should have two bodywires, mask wires, two weapons

**Food and drink**

There is NO café at the event. Please ensure your fencer has enough food/ snacks and drink to last them throughout their event. Particularly if they are fencing more than one event in a day.

**Welfare**

If you have any concerns for a young person’s welfare at this event please email Clare Queen, HOPCC, on clare.queen@scottish-fencing.com or 07912267585 if it’s urgent. You can contact the Welfare Officer before, during and after the event if something occurs to you that raises any concerns.

**Spectators**

We are limiting the number of spectators and supporters to one per fencer. If you wish to attend as a coach or parent please ensure you take a lateral flow test 24 hours before the event and then again just before you leave the house for the competition. You are required to wear a face covering whilst in the hall or other indoor area. There is no seating available in the hall.